



Instruction Tuning and Alignment

Junxian He

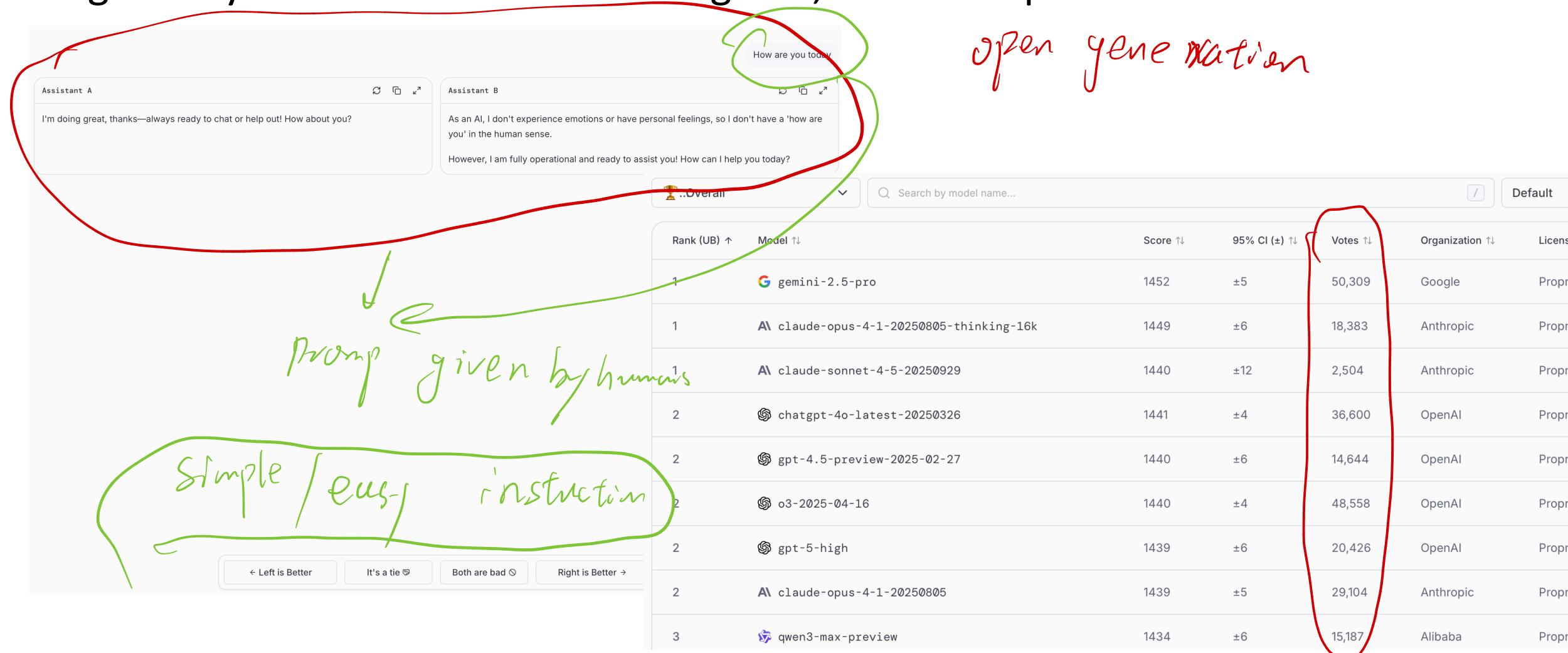
Oct 8, 2025

Homework 1 is Due Today

Review: Crowd-Sourcing Human Evaluation

https://lmarena.ai/

Imagine any two models can battle a game, whose response is better



Crowd-Sourcing Human Evaluation

₹Overall	✓ Q Search by model name					Default	~
Rank (UB) ↑	Model ↑↓	Score ↑↓	95% CI (±) ↑↓	Votes ↑↓	Organization 1	License ↑↓	
1	G gemini-2.5-pro	1452	±5	50,309	Google	Proprietary	
1	A\ claude-opus-4-1-20250805-thinking-16k	1449	±6	18,383	Anthropic	Proprietary	
1	A\ claude-sonnet-4-5-20250929	1440	±12	2,504	Anthropic	Proprietary	
2	\$\text{\$\text{\$\text{\$}}\$ chatgpt-40-latest-20250326}	1441	±4	36,600	OpenAl	Proprietary	
2	\$\text{gpt-4.5-preview-2025-02-27}	1440	±6	14,644	OpenAl	Proprietary	
2		1440	±4	48,558	OpenAl	Proprietary	
2		1439	±6	20,426	OpenAl	Proprietary	
2	A\ claude-opus-4-1-20250805	1439	±5	29,104	Anthropic	Proprietary	
3	preview qwen3-max-preview	1434	±6	15,187	Alibaba	Proprietary	

Crowd-Sourcing Human Evaluation

not perfect? humans ove not capable

☑Overall ✓ ☐ Search by model name			/ Default				
Rank (UB) ↑	Model ↑↓	Score ↑↓	95% CI (±) ↑↓	Votes ↑↓	Organization 1	License ↑↓	
1	G gemini-2.5-pro	1452	±5	50,309	Google	Proprietary	
1	A\ claude-opus-4-1-20250805-thinking-16k	1449	±6	18,383	Anthropic	Proprietary	
1	A\ claude-sonnet-4-5-20250929	1440	±12	2,504	Anthropic	Proprietary	
2	\$\text{\$\text{\$chatgpt-40-latest-20250326}}\$	1441	±4	36,600	OpenAl	Proprietary	
2	\$\text{gpt-4.5-preview-2025-02-27}	1440	±6	14,644	OpenAl	Proprietary	
2		1440	±4	48,558	OpenAl	Proprietary	
2		1439	±6	20,426	OpenAl	Proprietary	
2	A\ claude-opus-4-1-20250805	1439	±5	29,104	Anthropic	Proprietary	
3		1434	±6	15,187	Alibaba	Proprietary	

Lo judge doffinst Læsks

Elo scores as in sports

Automatic evaluations typically seek for objective metrics

Automatic evaluations typically seek for objective metrics Example from MMLU:

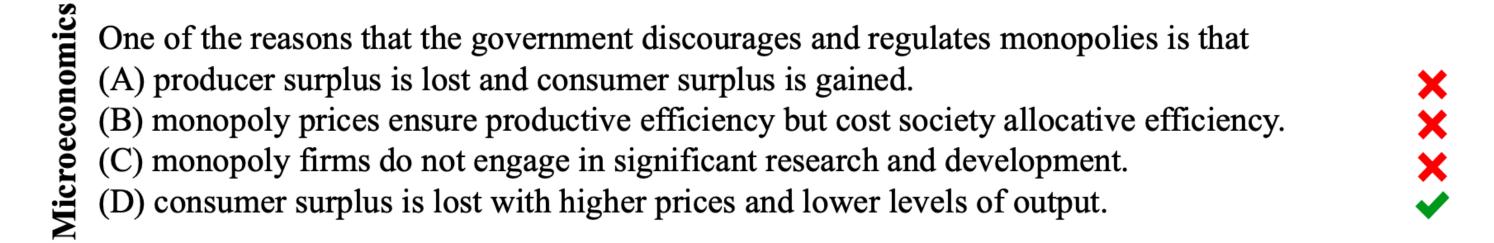


Figure 3: Examples from the Microeconomics task.

When you drop a ball from rest it accelerates downward at 9.8 m/s². If you instead throw it downward assuming no air resistance its acceleration immediately after leaving your hand is

(A) 9.8 m/s²

(B) more than 9.8 m/s²

(C) less than 9.8 m/s²

(D) Cannot say unless the speed of throw is given.

Automatic evaluations typically seek for objective metrics Example from MMLU:

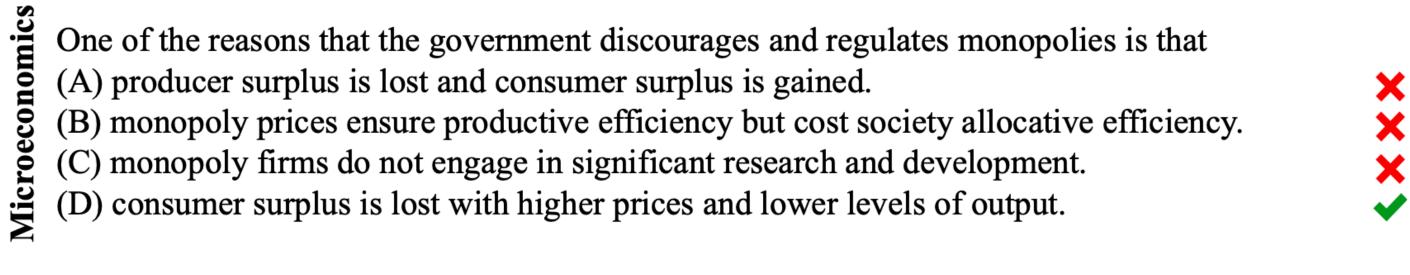


Figure 3: Examples from the Microeconomics task.

When you drop a ball from rest it accelerates downward at 9.8 m/s². If you instead throw it downward assuming no air resistance its acceleration immediately after leaving your hand is

(A) 9.8 m/s²

(B) more than 9.8 m/s²

(C) less than 9.8 m/s²

(D) Cannot say unless the speed of throw is given.

Multi-choice QA

Automatic evaluations typically seek for objective metrics Example from MMLU:

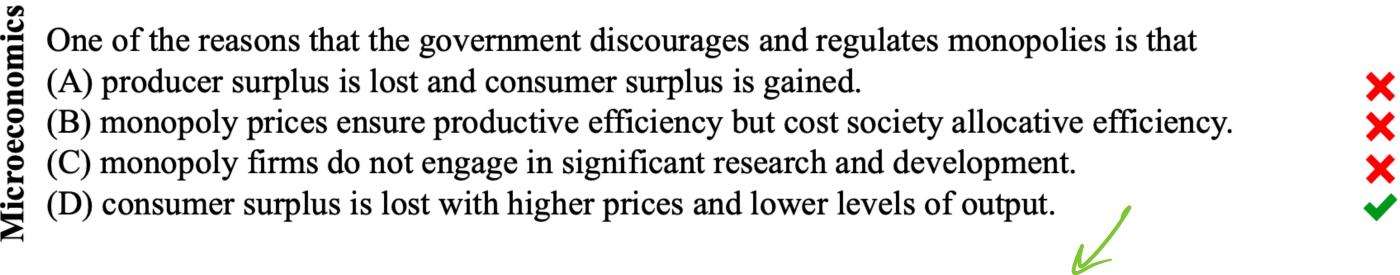


Figure 3: Examples from the Microeconomics task.

When you drop a ball from rest it accelerates downward at 9.8 m/s². If you instead throw it downward assuming no air resistance its acceleration immediately after leaving your hand is

(A) 9.8 m/s²

(B) more than 9.8 m/s²

(C) less than 9.8 m/s²

(D) Cannot say unless the speed of throw is given.

Multi-choice QA

Ranging from middle school to college level

Mathematical Reasoning

Example from GSM8K:

Problem: Beth bakes 4, 2 dozen batches of cookies in a week. If these cookies are shared amongst 16 people equally, how many cookies does each person consume?

Solution: Beth bakes 4 2 dozen batches of cookies for a total of 4*2 = <<4*2=8>>8 dozen cookies

There are 12 cookies in a dozen and she makes 8 dozen cookies for a total of 12*8 = <<12*8=96>>96 cookies

She splits the 66 cookies equally amongst 16 people so they each eat 96/16 = <<96/16=6>>6 cookies

Final Answer: 6

Problem: Mrs. Lim milks her cows twice a day. Yesterday morning, she got 68 gallons of milk and in the evening, she got 82 gallons. This morning, she got 18 gallons fewer than she had yesterday morning. After selling some gallons of milk in the afternoon, Mrs. Lim has only 24 gallons left. How much was her revenue for the milk if each gallon costs \$3.50?

Mrs. Lim got 68 gallons - 18 gallons = <<68-18=50>>50 gallons this morning.

So she was able to get a total of 68 gallons + 82 gallons + 50 gallons = <<68+82+50=200>>200 gallons.

She was able to sell 200 gallons - 24 gallons = <<200-24=176>>176 gallons.

Thus, her total revenue for the milk is \$3.50/gallon x 176 gallons = \$<<3.50*176=616>>616.

Final Answer: 616

Problem: Tina buys 3 12-packs of soda for a party. Including Tina, 6 people are at the party. Half of the people at the party have 3 sodas each, 2 of the people have 4, and 1 person has 5. How many sodas are left over when the party is over?

Solution: Tina buys 3 12-packs of soda, for 3*12= <<3*12=36>>36 sodas

6 people attend the party, so half of them is 6/2= <<6/2=3>>3 people

Each of those people drinks 3 sodas, so they drink 3*3=<<3*3=9>>9 sodas

Two people drink 4 sodas, which means they drink 2*4=<<4*2=8>>8 sodas

With one person drinking 5, that brings the total drank to 5+9+8+3= <<5+9+8+3=25>>25 sodas

As Tina started off with 36 sodas, that means there are 36-25=<<36-25=11>>11 sodas left

Final Answer: 11

tannot evaluate the

Certomatical

Mathematical Reasoning

Example from GSM8K:

Problem: Beth bakes 4, 2 dozen batches of cookies in a week. If these cookies are shared amongst 16 people equally, how many cookies does each person consume?

Solution: Beth bakes 4 2 dozen batches of cookies for a total of 4*2 = <<4*2=8>>8 dozen cookies

There are 12 cookies in a dozen and she makes 8 dozen cookies for a total of 12*8 = <<12*8=96>>96 cookies

She splits the 96 cookies equally amongst 16 people so they each eat 96/16 = <<96/16=6>>6 cookies

Final Answer: 6

Problem: Mrs. Lim milks her cows twice a day. Yesterday morning, she got 68 gallons of milk and in the evening, she got 82 gallons. This morning, she got 18 gallons fewer than she had yesterday morning. After selling some gallons of milk in the afternoon, Mrs. Lim has only 24 gallons left. How much was her revenue for the milk if each gallon costs \$3.50?

Mrs. Lim got 68 gallons - 18 gallons = <<68-18=50>>50 gallons this morning.

So she was able to get a total of 68 gallons + 82 gallons + 50 gallons = <<68+82+50=200>>200 gallons.

She was able to sell 200 gallons - 24 gallons = <<200-24=176>>176 gallons.

Thus, her total revenue for the milk is 3.50/gallon x 176 gallons = <<3.50*176=616>>616.

Final Answer: 616

Problem: Tina buys 3 12-packs of soda for a party. Including Tina, 6 people are at the party. Half of the people at the party have 3 sodas each, 2 of the people have 4, and 1 person has 5. How many sodas are left over when the party is over?

Solution: Tina buys 3 12-packs of soda, for 3*12= <<3*12=36>>36 sodas

6 people attend the party, so half of them is 6/2= <<6/2=3>>3 people

Each of those people drinks 3 sodas, so they drink 3*3=<<3*3=9>>9 sodas

Two people drink 4 sodas, which means they drink 2*4=<<4*2=8>>8 sodas

With one person drinking 5, that brings the total drank to 5+9+8+3= <<5+9+8+3=25>>25 sodas

As Tina started off with 36 sodas, that means there are 36-25=<<36-25=11>>11 sodas left

Final Answer: 11



Short-answer

Mathematical Reasoning

Example from AIME (American Invitational Mathematics Examination):

Problem

Let the sequence of rationals x_1, x_2, \ldots be defined such that $x_1 = \frac{25}{11}$ and

$$x_{k+1} = \frac{1}{3} \left(x_k + \frac{1}{x_k} - 1 \right).$$

 x_{2025} can be expressed as $\frac{m}{n}$ for relatively prime positive integers m and n. Find the remainder when m+n is divided by 1000.

Solution 1 (complete)

This problem can be split into three parts, listed below:

Part 1: Analyzing Fractions

Let $x_k = \frac{a_k}{b_k}$, where a_k, b_k are relatively prime positive integers. First, we analyze the moduli of the problem. Plugging in for x_2 yields $x_2 = \frac{157}{275}$. Notice that in both x_1 and x_2 , the numerator is equivalent to 1 and the denominator is equivalent to 2 modulus 3. We see that $x_2 = \frac{1}{3} \cdot \frac{(a_1 - b_1)^2 + a_1b_1}{a_1b_1}$. Specifically, we know that

$$(a_1 - b_1)^2 + a_1 b_1 \equiv (1 - 2)^2 + 1 \cdot 2 \equiv 0 \pmod{3}$$

Then this is always divisible by 3 for all x_k (it can be shown that for all x_k , we have $a_k \equiv 1 \pmod 3$ and $b_k \equiv 2 \pmod 3$ by using $\mod 9$).

Thus, $x_2 = \frac{\frac{1}{3}((a_1 - b_1)^2 + a_1b_1)}{a_1b_1}$, and the numerator and denominator of the right-hand side (RHS) correspond to the numerator and

denominator of x_2 in simplest form. (To further prove that the top and bottom are relatively prime, consider that a_k and b_k are by definition relatively prime, so $(a_k - b_k)^2$ and $a_k b_k$ share no factors.)

Notice that the above do not just apply to x_1 ; we did not use any specific properties of x_1 . Then we may generalize the above, finding that:

$$a_k = \frac{1}{3}((a_{k-1} - b_{k-1})^2 + a_{k-1}b_{k-1})$$

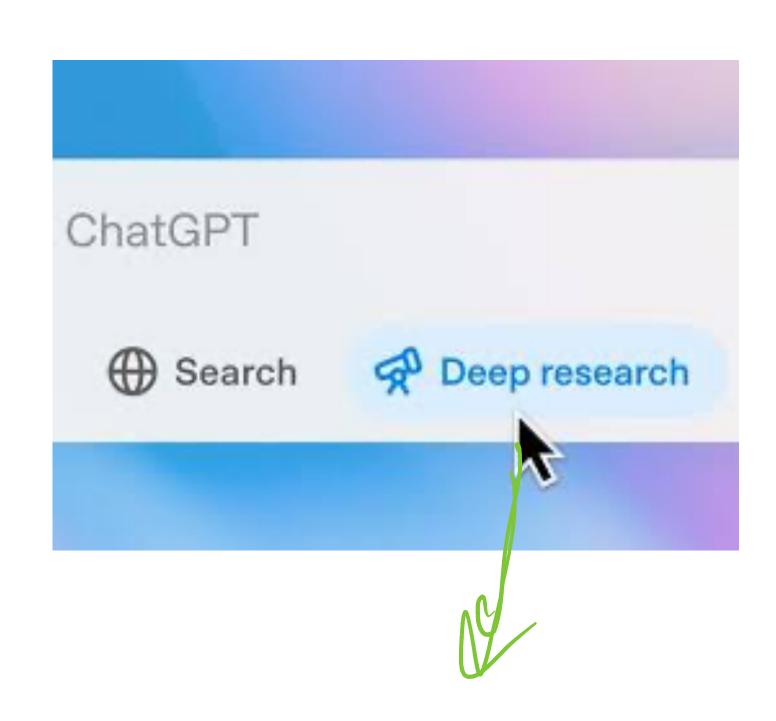
$$b_k = a_{k-1}b_{k-1}$$

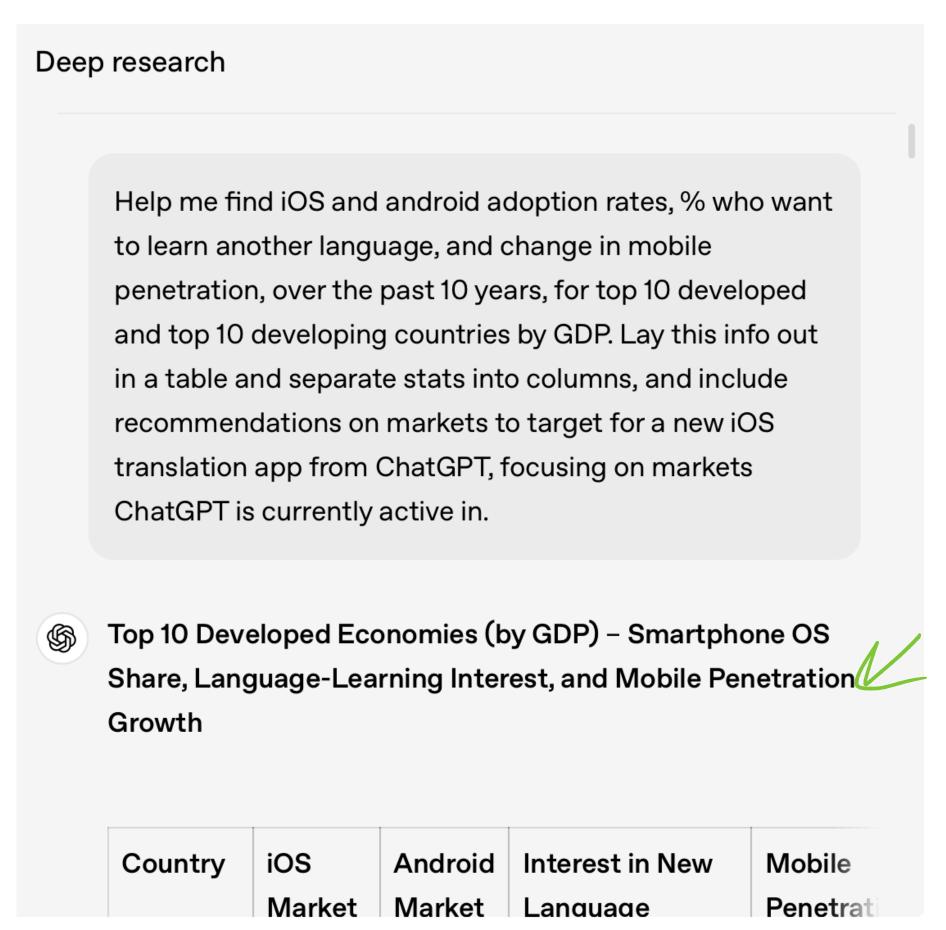
I final consider



Deep Research

https://openai.com/index/introducing-deep-research/

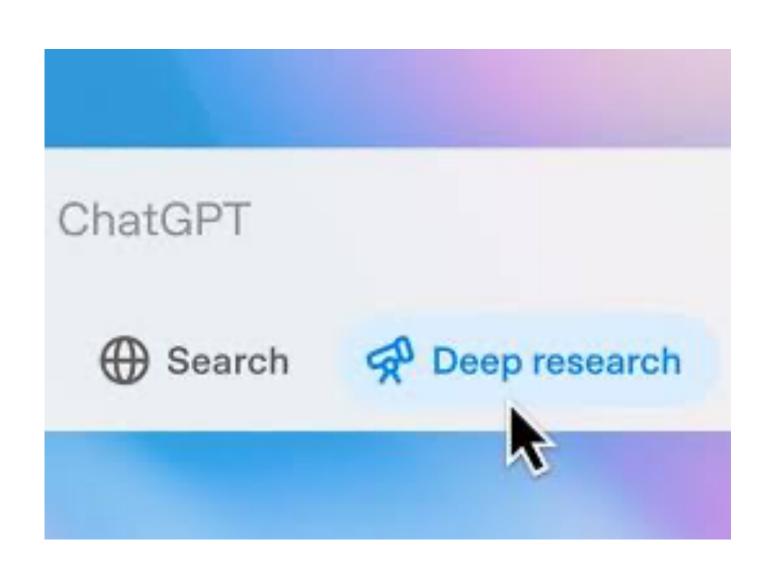


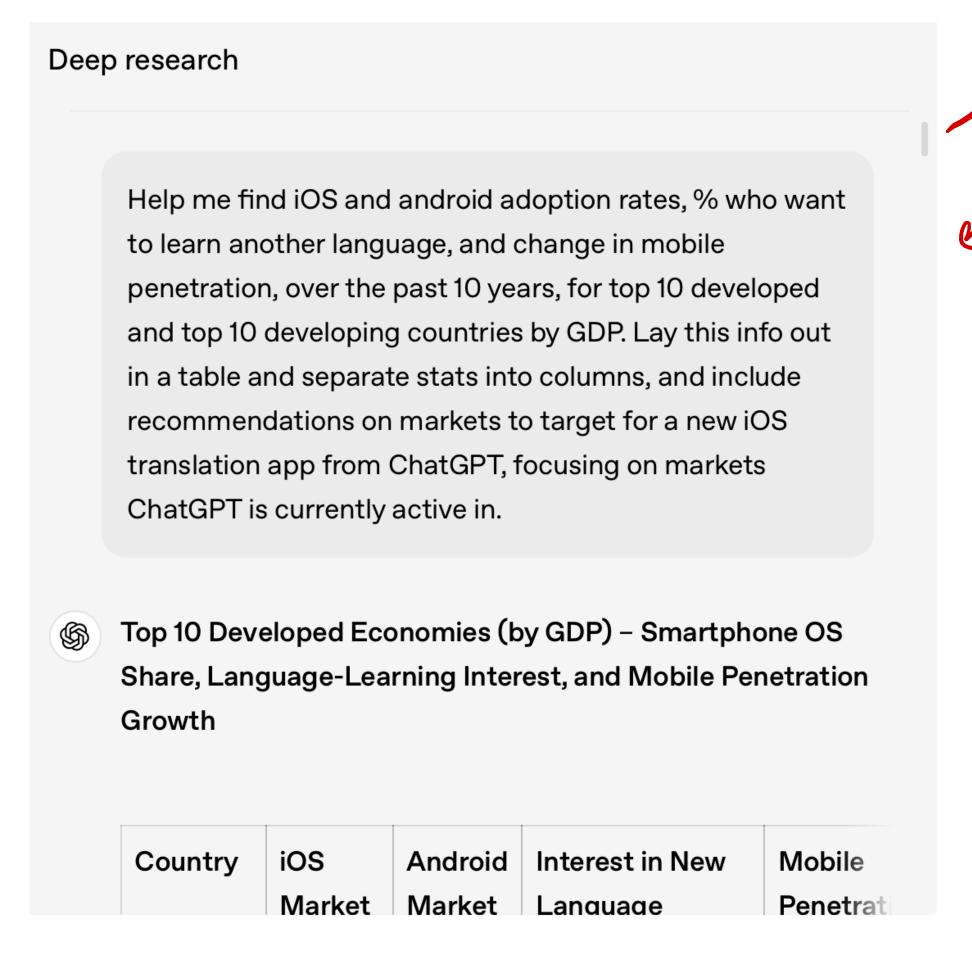


Prahall

Deep Research

https://openai.com/index/introducing-deep-research/

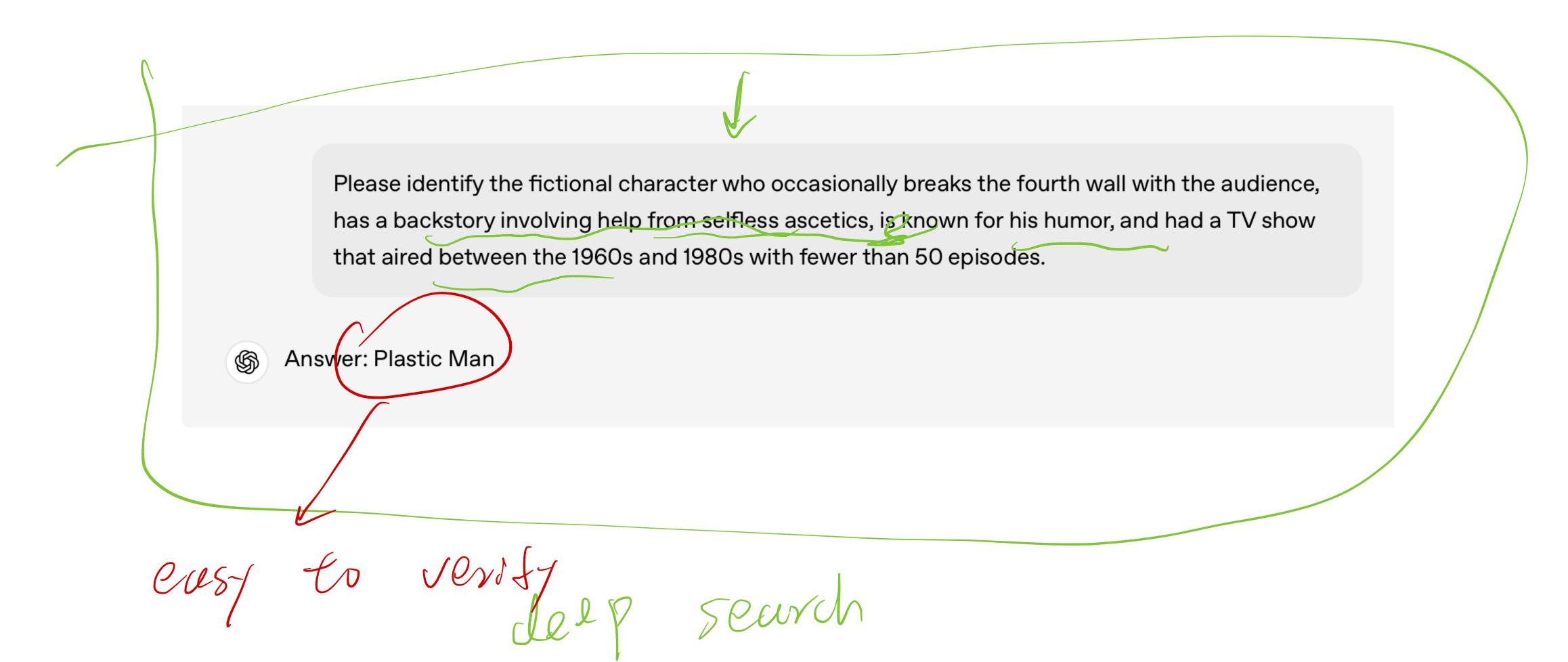




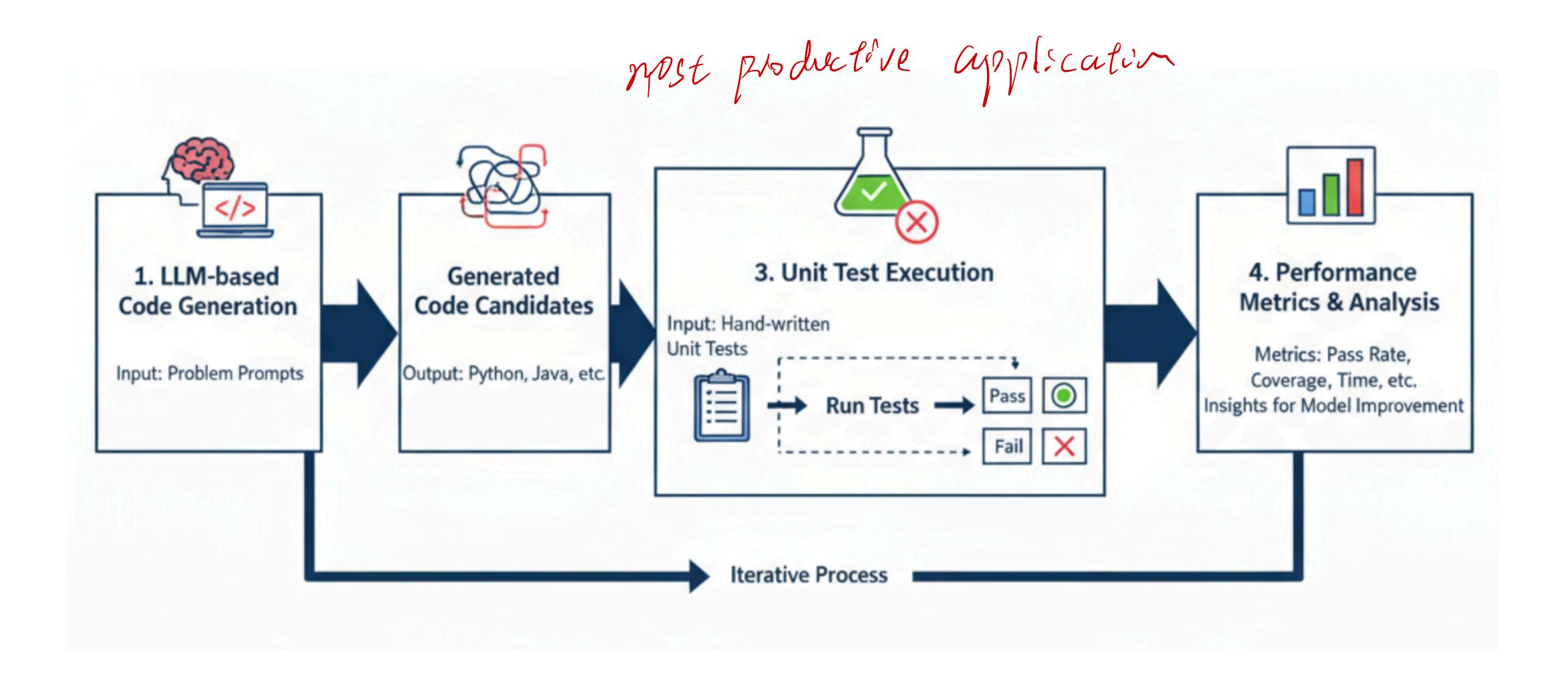
Hard to Evaluate

Evaluating Deep Research

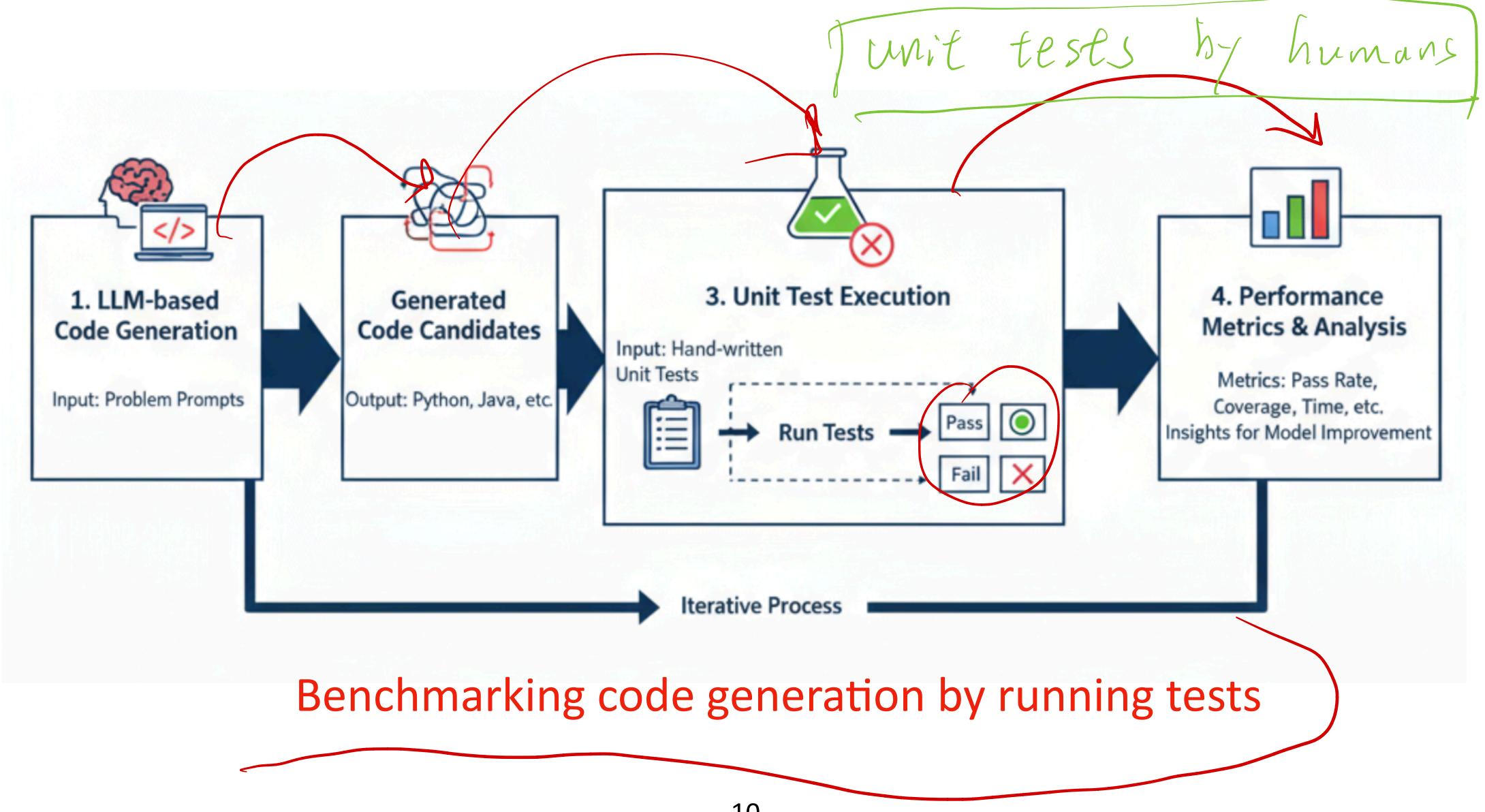
https://openai.com/index/browsecomp/



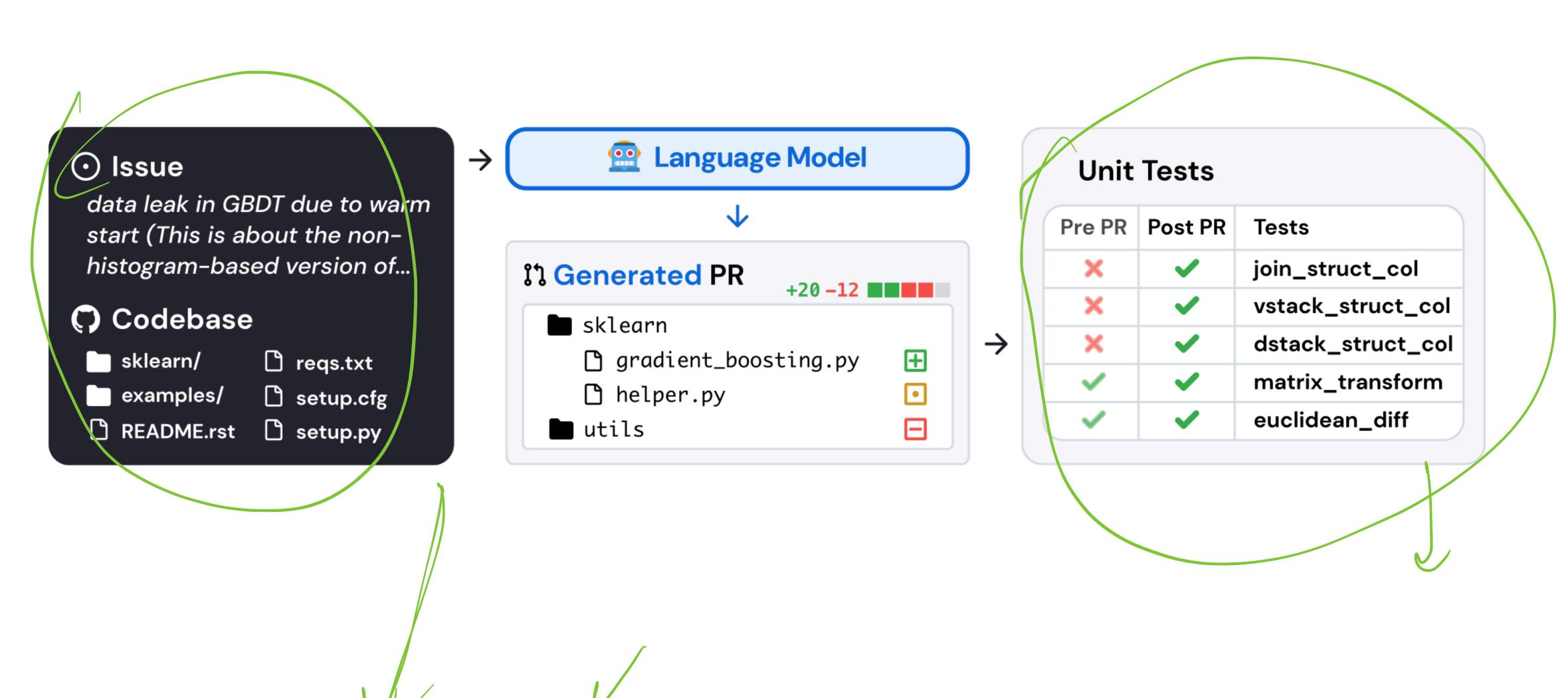
Benchmarking Code Generation



Benchmarking Code Generation

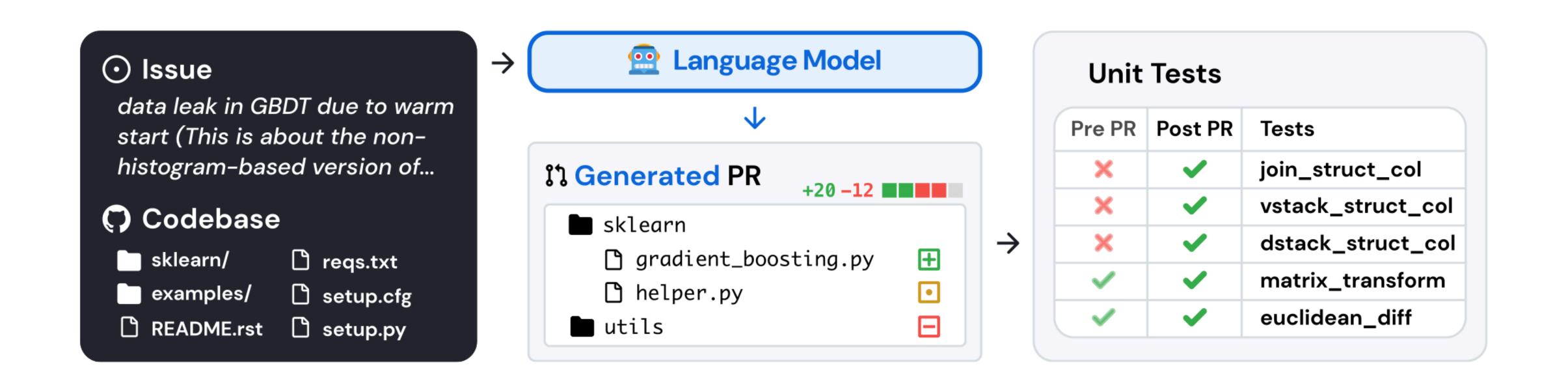


Software Engineering



Jimenez et al. SWE-BENCH: CAN LANGUAGE MODELS RESOLVE REAL-WORLD GITHUB ISSUES 2024

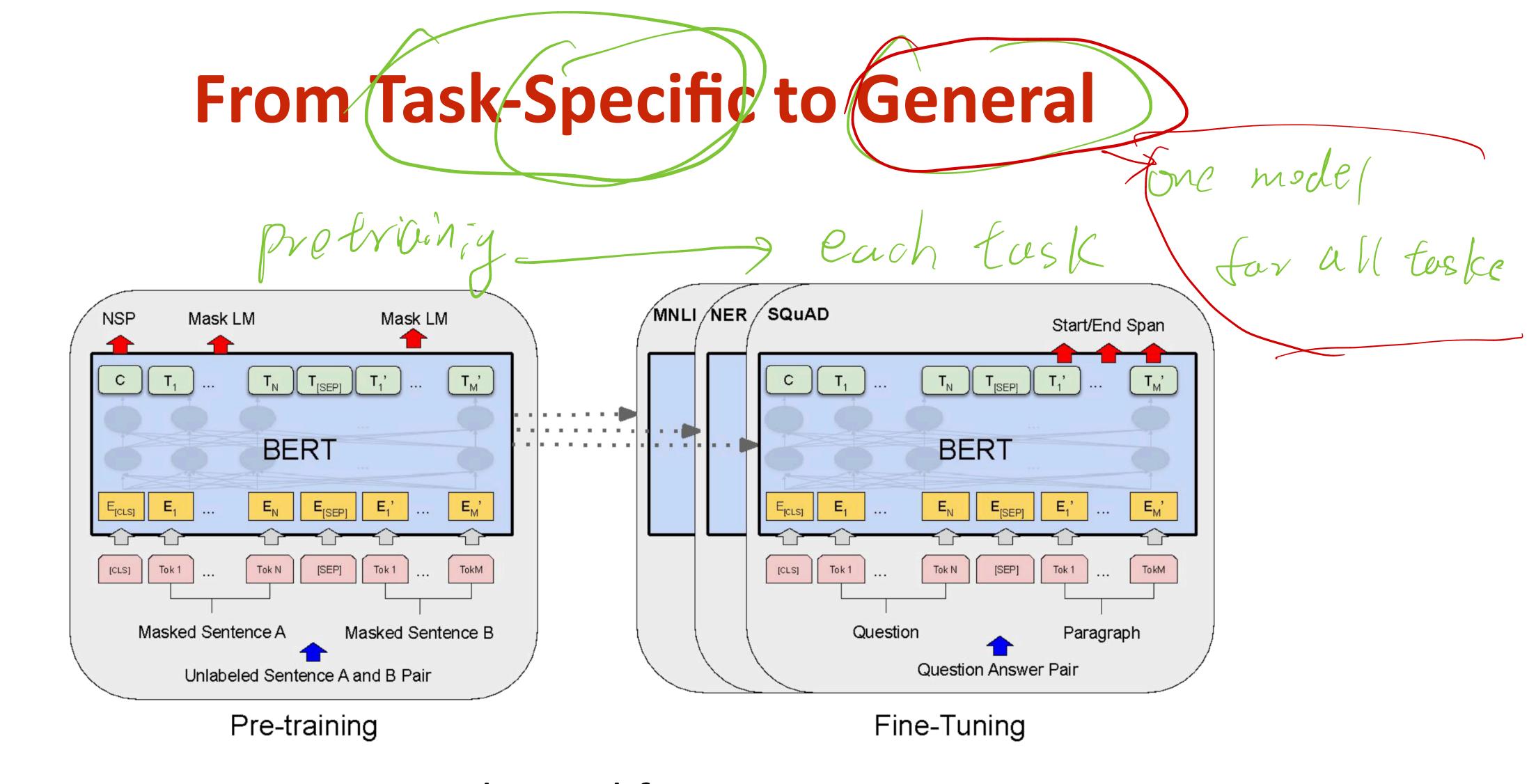
Software Engineering



We will cover more specific evaluations when we learn specific topics



Instruction Tuning



Traditional fine-tuning

From Task-Specific to General

Summarization

The picture appeared on the wall of a Poundland store on Whymark Avenue [...] How would you rephrase that in a few words?

Sentiment Analysis

Review: We came here on a Saturday night and luckily it wasn't as packed as I thought it would be [...] On a scale of 1 to 5, I would give this a

Question Answering

I know that the answer to "What team did the Panthers defeat?" is in "The Panthers finished the regular season [...]". Can you tell me what it is?

Multi-task training

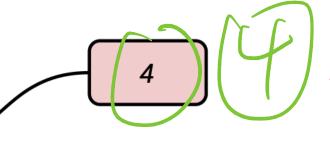
Zero-shot generalization

Natural Language Inference

Suppose "The banker contacted the professors/ and the athlete". Can we infer that "The banker contacted the professors"?

> dassitication

Graffiti artist Banksy is believed to be behind [...]



Arizona Cardinals

Yes

What is zero-shot task generalization?

Why is it possible?

domuin generalizate

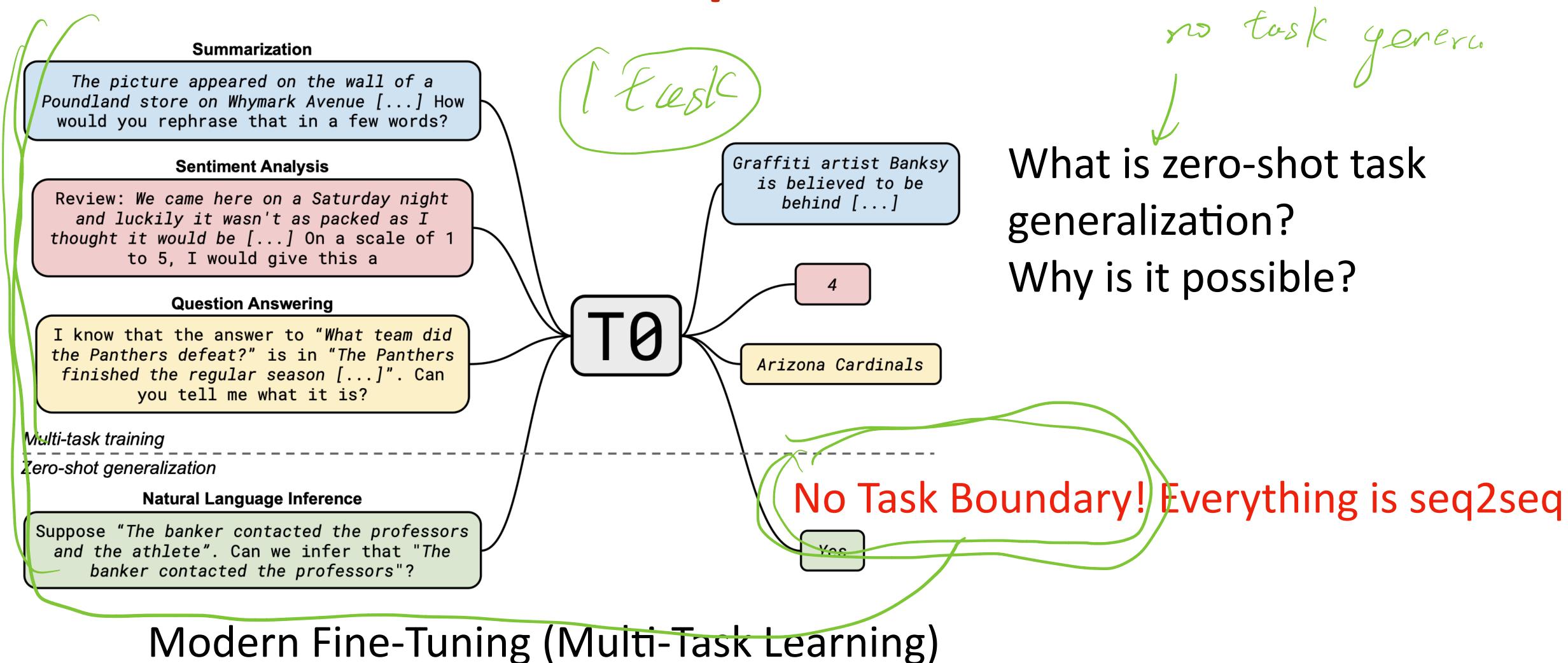
daluset genelization

Modern Fine-Tuning (Multi-Task Learning)

L no church GPT

Sanh et al. Multitask Prompted Training Enables Zero-Shot Task Generalization 2022

From Task-Specific to General



Sanh et al. Multitask Prompted Training Enables Zero-Shot Task Generalization. 2022

From Task-Specific to General

Summarization

The picture appeared on the wall of a Poundland store on Whymark Avenue [...] How would you rephrase that in a few words?

Sentiment Analysis

Review: We came here on a Saturday night and luckily it wasn't as packed as I thought it would be [...] On a scale of 1 to 5, I would give this a

Question Answering

I know that the answer to "What team did the Panthers defeat?" is in "The Panthers finished the regular season [...]". Can you tell me what it is?

Multi-task training

Zero-shot generalization

Natural Language Inference

Suppose "The banker contacted the professors and the athlete". Can we infer that "The banker contacted the professors"?

Graffiti artist Banksy is believed to be behind [...]

Yes

Regional Cardinals

What is zero-shot task generalization?
Why is it possible?

No Task Boundary! Everything is seq2seq

This is the early form of prompting

Modern Fine-Tuning (Multi-Task Learning)

From Task-Specific to General Kuns (af in

Examples

Question

What is a major importance of Southern California in relation to California and the US?

What is the translation from English to German?

What is the summary?

> won gray!

Hypothesis: Product and geography Premise: Conceptually cream are what make cream skimming work. Entailment, neutral, or contradiction?

Is this sentence ositive or negative?

Context

...Southern California is a major economic center for the state of California and the US....

Most of the planet is ocean water.

Harry Potter star Daniel **Padcliffe** gains access to a reported £320 million fortune...

skimming has two basic dimensions – product and geography.

A stirring, funny and finally transporting re-imagining of Beauty and the Beast and 1930s horror film.

Answer

major economic center

Der Großteil der **Erde ist Meerwasser**

Harry Potter star **Daniel Radcliffe gets** £320M fortune...

positive

Entailment

Susan or Joan?

eurliest

What has something experienced?

Who is the illustrator of Cycle of the Werewolf?

Question

What is the change in dialogue state?

What is the translation from English to SQL?

Who had given help?

Context

Areas of the Baltic that have experienced eutrophication.

ut tempe

Cycle of the Werewolf is a short novel by Stephen King, featuring illustrations by comic book artist Bernie Wrightson.

Are there any Eritrean restaurants in town?

The table has column names... Tell me what the notes are for South Australia

Joan made sure to thank Susan for all the help she had given.

Answer

eutrophication

Bernie Wrightson

food: Eritrean

SELECT notes from table

WHERE

'Current Slogan' = 'South Australia'

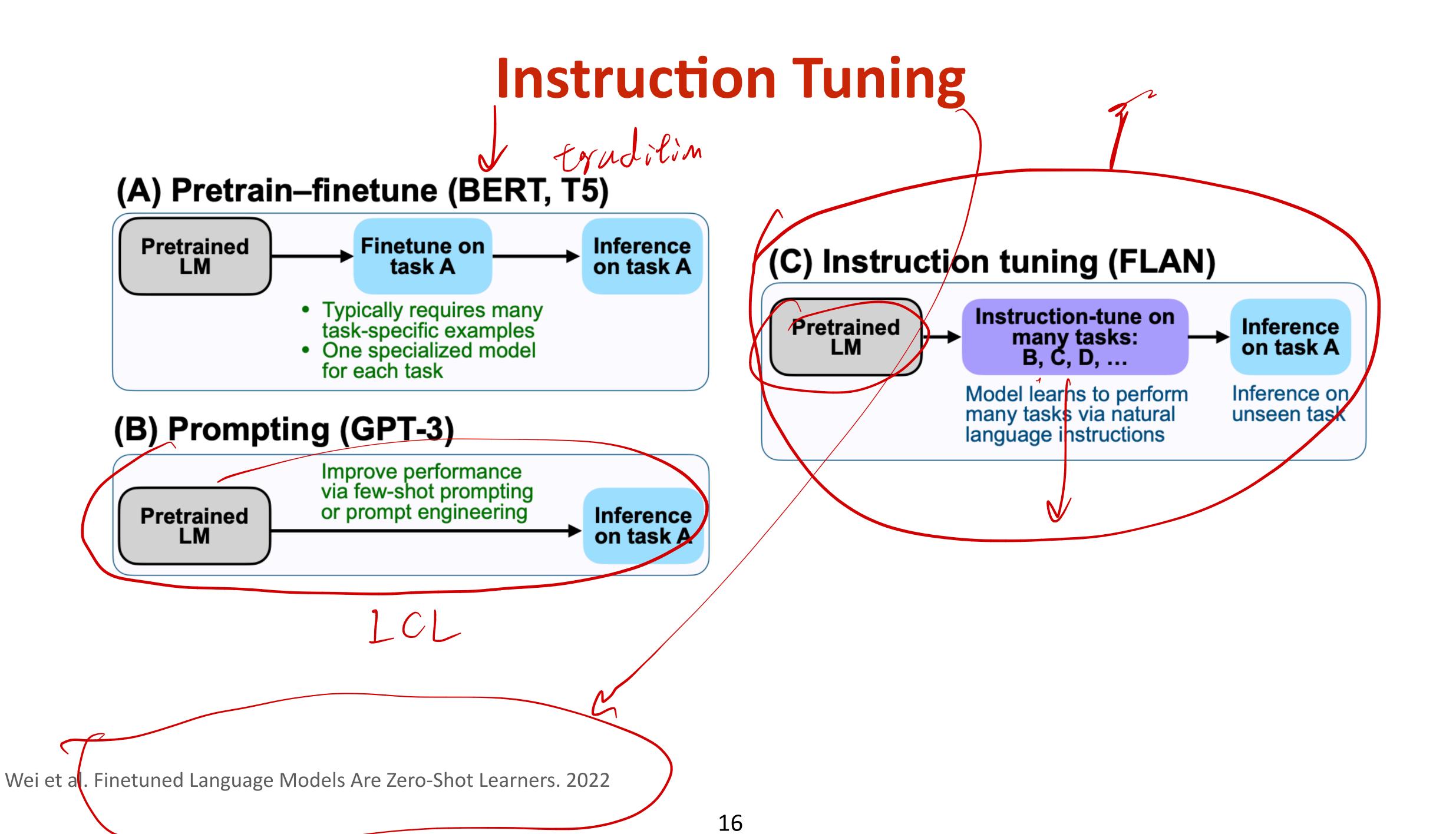
Susan

An early rejected paper demonstrated this form

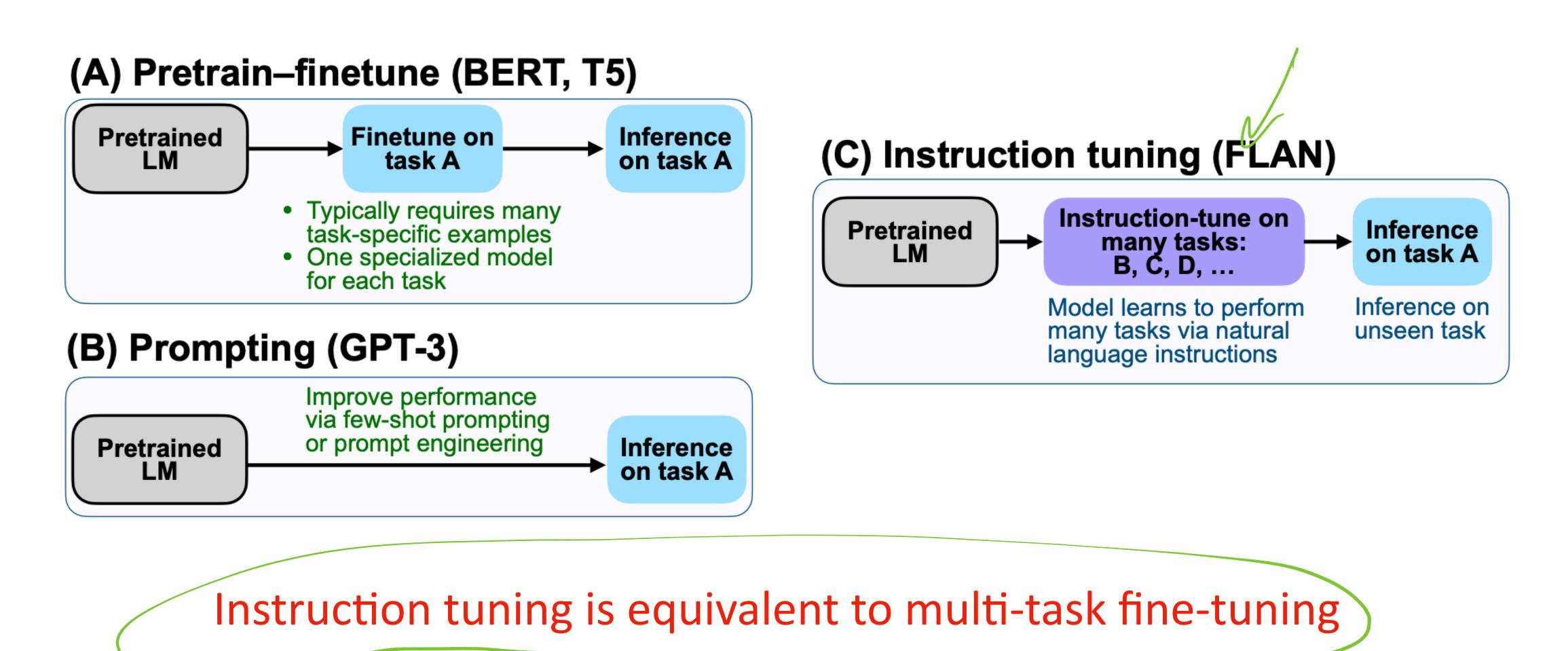
Classficulin

McCann et al. The Natural Language Decathlon: Multitask Learning as Question Answering. 2018

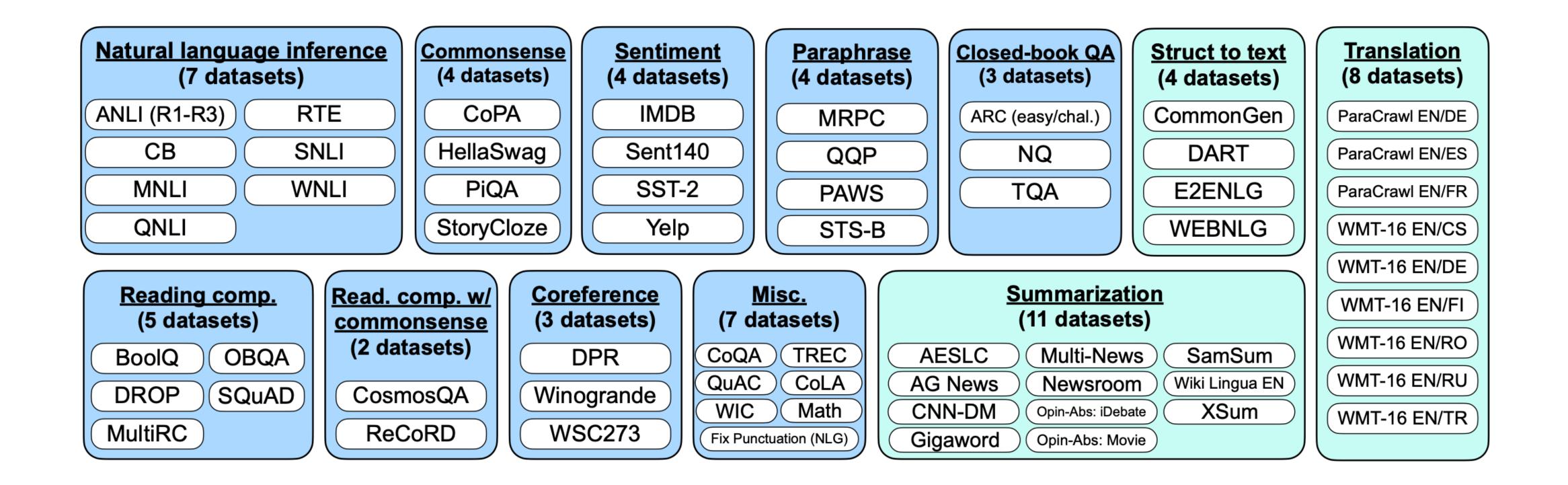
Charlett: 2022 april 2: 2020

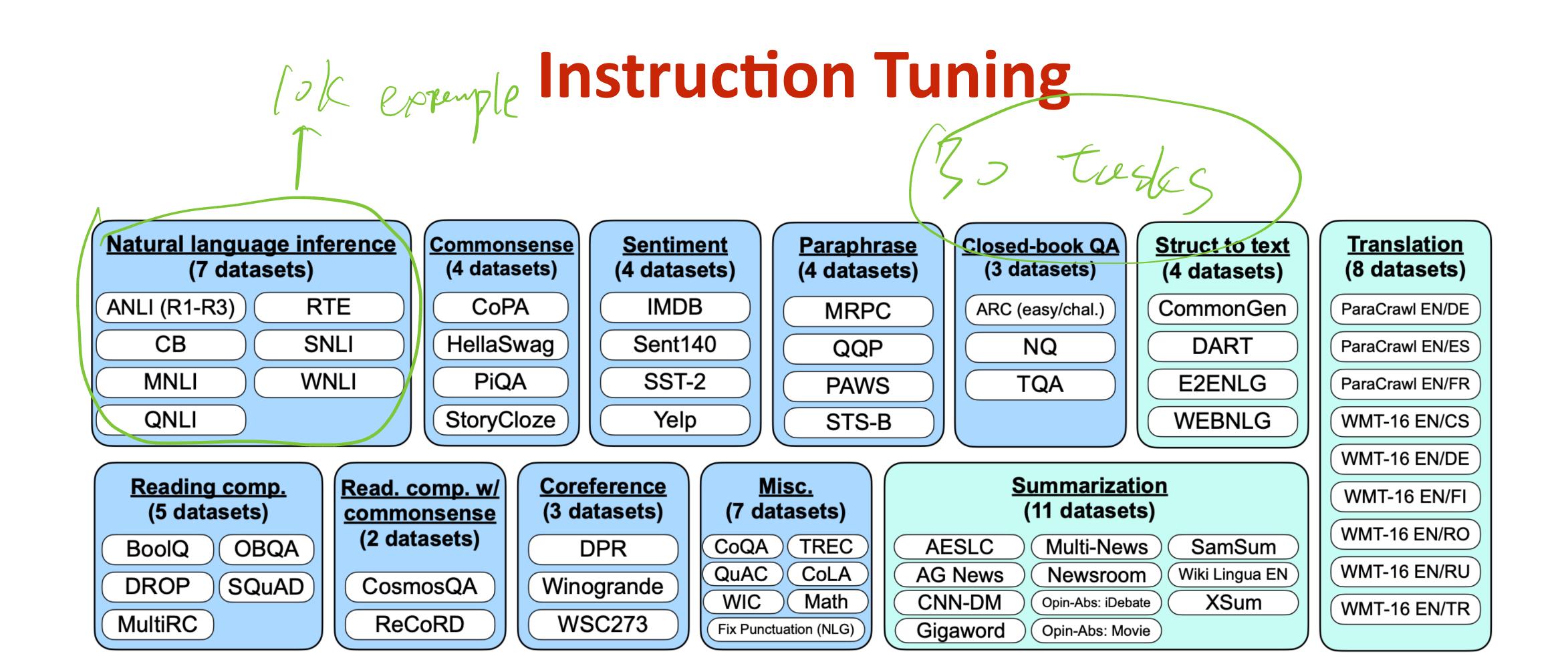


Instruction Tuning



Instruction Tuning



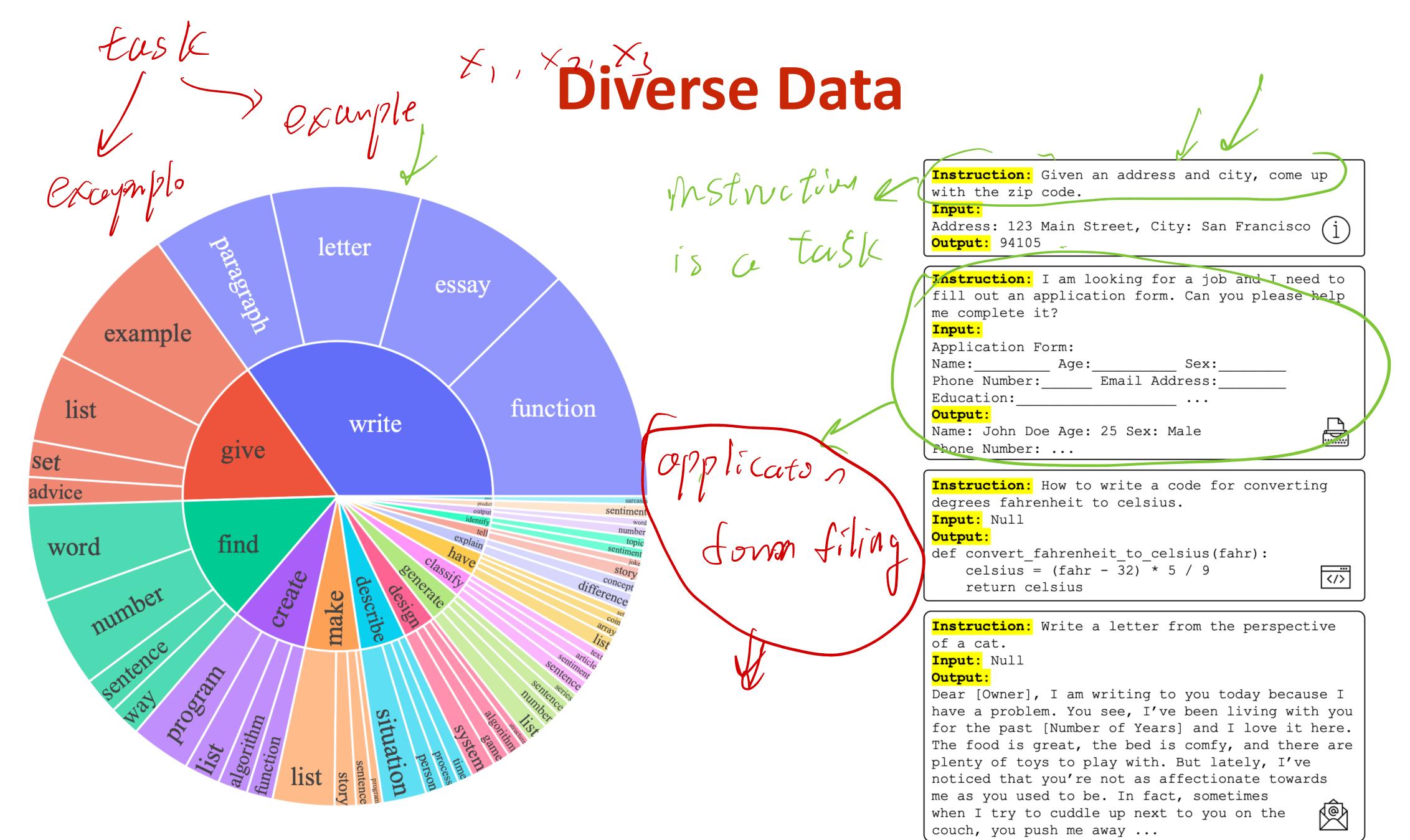


All tasks unified to a sequence-in, sequence-out format

What is different for Instruction Tuning from Traditional Multi-Task Training?

What is different for Instruction Tuning from Traditional Multi-Task Training?

Data is extremely diverse



Wang et al. Self-Instruct: Aligning Language Models with Self-Generated Instructions. 2022

tusk A Eask B

LINE

LIN

	5210	les/cs	diserse
statistic			
# of instructions	52,445		
- # of classification instructions	11,584		
- # of non-classification instructions	40,861	27 K	exuples
# of instances	82,439	> 000	
- # of instances with empty input	35,878		
ave. instruction length (in words)	15.9		
ave. non-empty input length (in words)	12.7		
ave. output length (in words)	18.9		

statistic	
# of instructions	52,445
- # of classification instructions	11,584
- # of non-classification instructions	40,861
# of instances	82,439
- # of instances with empty input	35,878
ave. instruction length (in words)	15.9
ave. non-empty input length (in words)	12.7
ave. output length (in words)	18.9

<2 instances per instruction (task)

statistic	
# of instructions - # of classification instructions - # of non-classification instructions # of instances - # of instances with empty input ave. instruction length (in words)	52,445 11,584 40,861 82,439 35,878 15.9
ave. non-empty input length (in words) ave. output length (in words)	12.7 18.9

Model	# Params	ROUGE-L
Vanilla LMs		
T5 LM	11 B	25.7
GPT3	175B	6.8
Instruction-tuned w/o SUPERNI		
T0	11 B	33.1
GPT3 + T0 Training	175B	37.9
GPT3 _{SELF-INST} (Ours)	175B	39.9
(2) InstructGPT ₀₀₁	175B	40.8
Instruction-tuned w/ SUPERNI		
Tk-Instruct	11 B	46.0
GPT3 + SUPERNI Training	175B	49.5
GPT3 _{SELF-INST} + SUPERNI Training (Ours)	175B	51.6

<2 instances per instruction (task)

statistic	
# of instructions	52,445
- # of classification instructions	11,584
- # of non-classification instructions	40,861
# of instances	82,439
- # of instances with empty input	35,878
ave. instruction length (in words)	15.9
ave. non-empty input length (in words)	12.7
ave. output length (in words)	18.9

<2 instances per instruction (task)

Model	# Params ROUGE-L		
Vanilla LMs			
T5-LM	11B	25.7	
GPT3	175B	6.8	
Instruction-tuned w/o SUPERNI			
T0	11 B	33.1	
GPT3 + T0 Training	175B	37.9	
GPT3 _{SELF-INST} (Ours)	175B	39.9	
InstructGPT ₀₀₁	175B	40.8	
Instruction-tuned w/ SUPERNI			
Tk-Instruct	11 B	46.0	
GPT3 + SUPERNI Training	175B	49.5	
GPT3 + SUPERNI Training GPT3 _{SELF-INST} + SUPERNI Training (Ours)	175B	51.6	

Improve >30 points by just 50K samples

Stack Exchange (Other) 200 119	
Stack Exchange (STEM) 200 117 5 Stack Exchange (Other) 200 119	Zen.
Stack Exchange (Other) 200 119	
	523
	530
wikiHow 200 12 1,8	811
Pushshift r/WritingPrompts 150 34	274
Natural Instructions 50 236	92
Paper Authors (Group A) 200 40	334
Dev	
Paper Authors (Group A) 50 36 N	N/A
Test	
Pushshift r/AskReddit 70 30 N	N/A
Paper Authors (Group B) 230 31 N	N/A



Source	#Examples	Avg Input Len.	Avg Output Len.
Training			
Stack Exchange (STEM)	200	117	523
Stack Exchange (Other)	200	119	530
wikiHow	200	12	1,811
Pushshift r/WritingPrompts	150	34	274
Natural Instructions	50	236	92
Paper Authors (Group A)	200	40	334
Dev			
Paper Authors (Group A)	50	36	N/A
Test			
Pushshift r/AskReddit	70	30	N/A
Paper Authors (Group B)	230	31	N/A

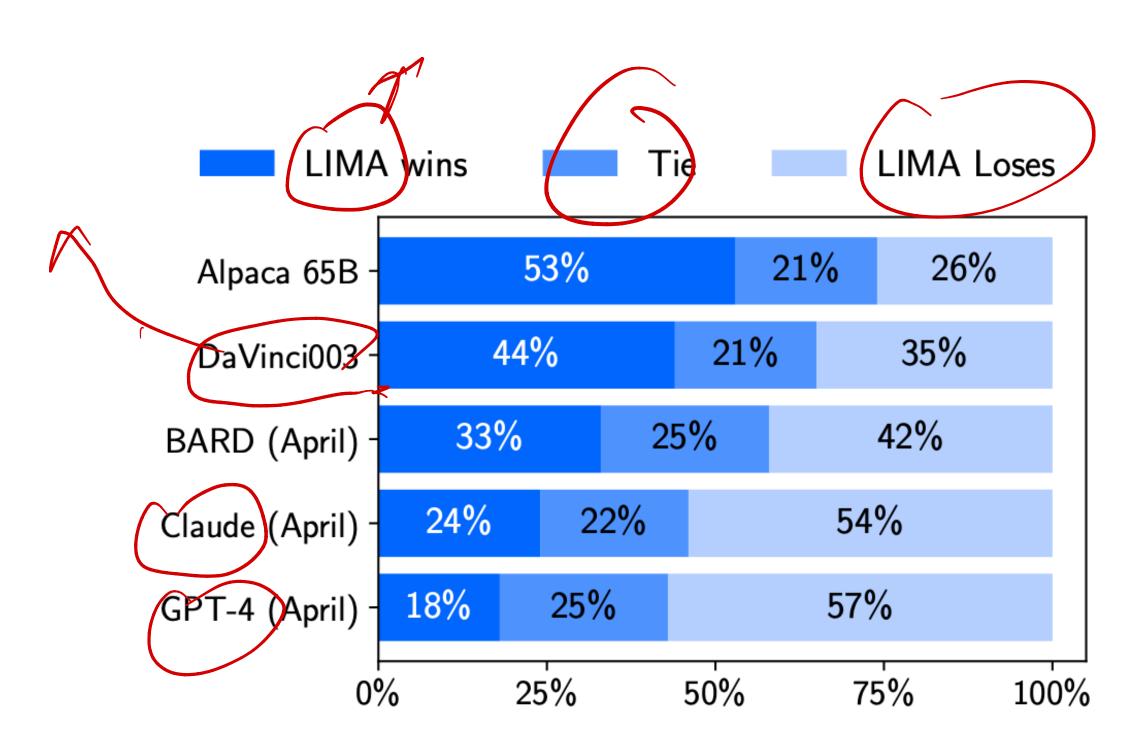


Figure 1: Human preference evaluation, comparing LIMA to 5 different baselines across 300 test prompts.

no tosk detinition

Source	#Examples	Avg Input Len.	Avg Output Len.
Training			
Stack Exchange (STEM)	200	117	523
Stack Exchange (Other)	200	119	530
wikiHow	200	12	1,811
Pushshift r/WritingPrompts	150	34	274
Natural Instructions	50	236	92
Paper Authors (Group A)	200	40	334
Dev			
Paper Authors (Group A)	50	36	N/A
Test			
Pushshift r/AskReddit	70	30	N/A
Paper Authors (Group B)	230	31	N/A

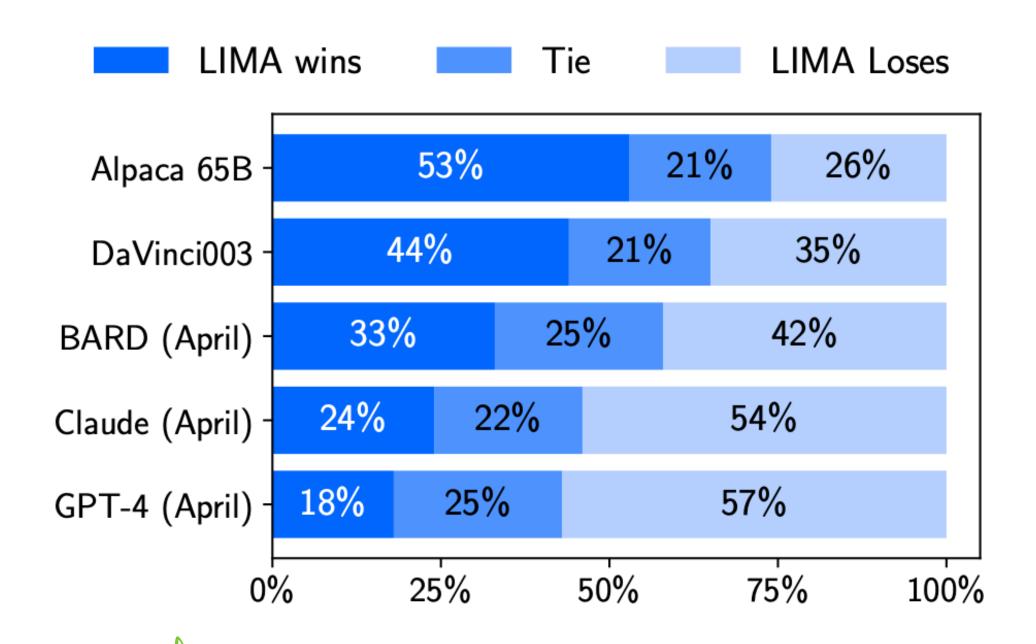


Figure 1: Human preference evaluation, comparing LIMA to 5 different baselines across 300 test prompts.

1000 training examples to unlock strong model abilities

Machine learning wise, they are the same in terms of implementation

Machine learning wise, they are the same in terms of implementation

Traditional

Data is not that diverse, typically 10s of tasks, each task with >10K or even more samples

Machine learning wise, they are the same in terms of implementation

Traditional

Data is not that diverse, typically 10s of tasks, each task with >10K or even more samples

Instruction Tuning

Data is diverse, typically 1-3 examples per task, and thousands of examples in total can improve pretrained models a lot

Machine learning wise, they are the same in terms of implementation

Traditional

Data is not that diverse, typically 10s of tasks, each task with >10K or even more samples

Instruction Tuning

Data is diverse, typically 1-3 examples per task, and thousands of examples in total can improve pretrained models a lot

What makes instruction tuning work with so few examples?

Machine learning wise, they are the same in terms of implementation

Traditional

Data is not that diverse, typically 10s of tasks, each task with >10K or even more samples

Instruction Tuning

Data is diverse, typically 1-3 examples per task, and thousands of examples in total can improve pretrained models a lot

What makes instruction tuning work with so few examples?

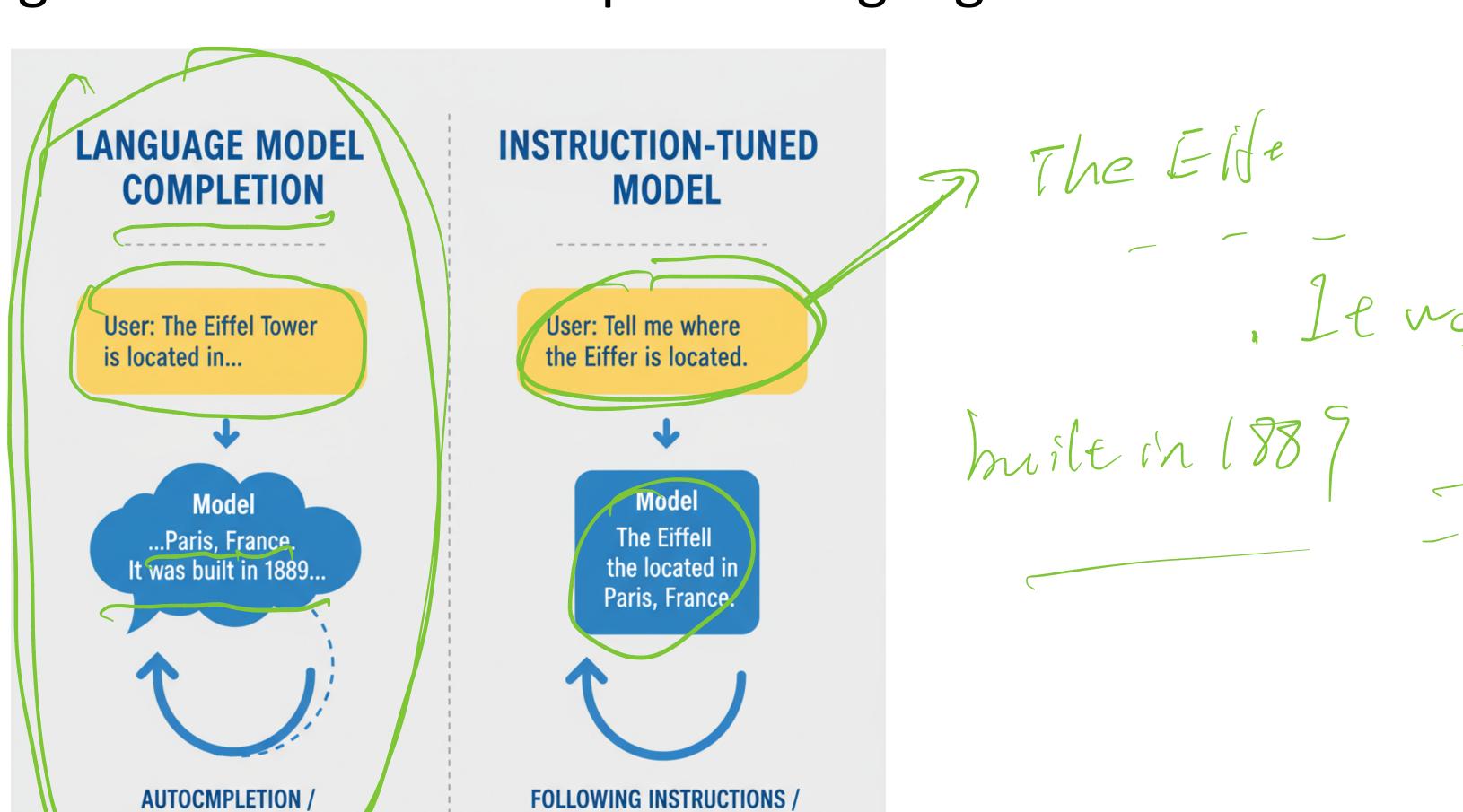




In a narrow definition, alignment means to adapt the language model to follow human instructions

In a narrow definition, alignment means to adapt the language model to follow

human instructions



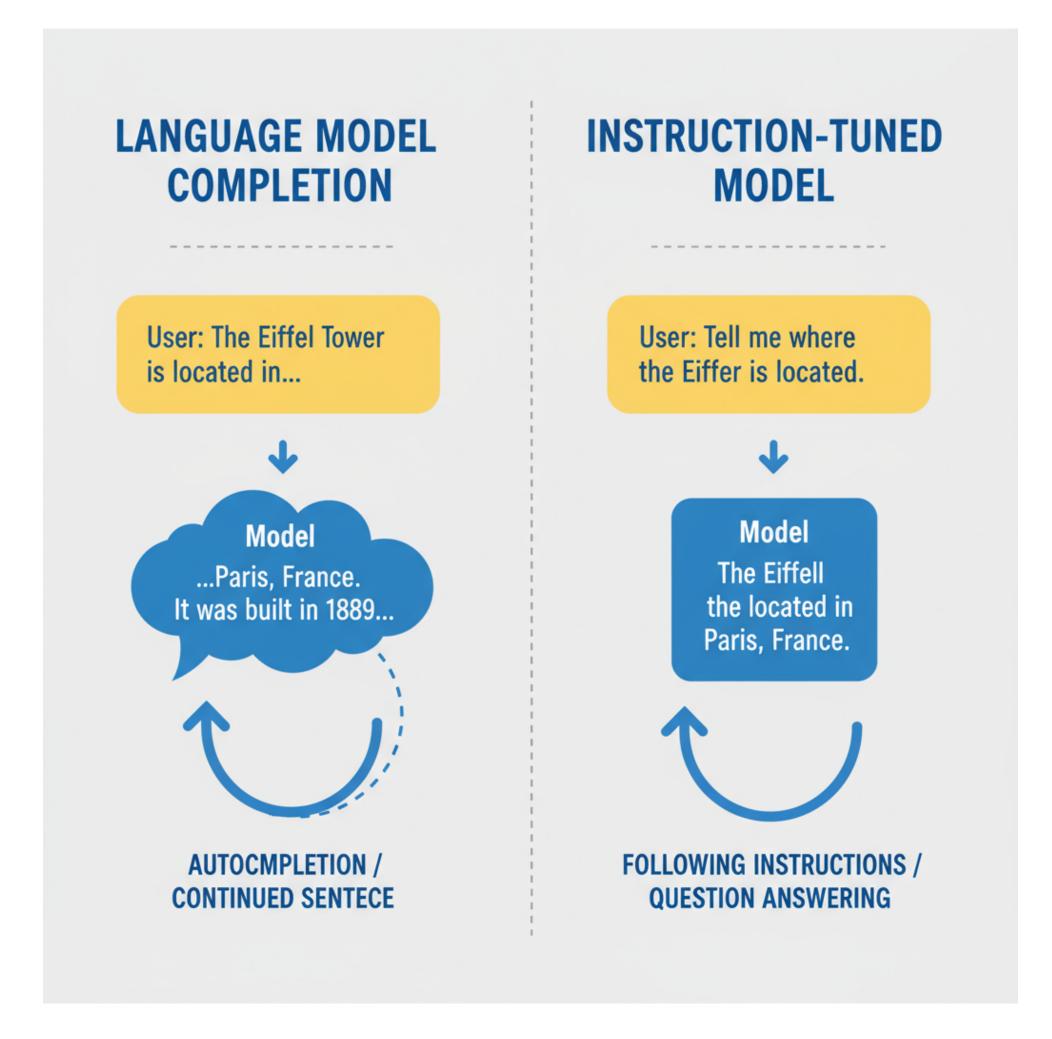
QUESTION ANSWERING

CONTINUED SENTECE

In a narrow definition, alignment means to adapt the language model to follow

human instructions

Sometimes, typical instruction tuning can be regarded as aligning the model



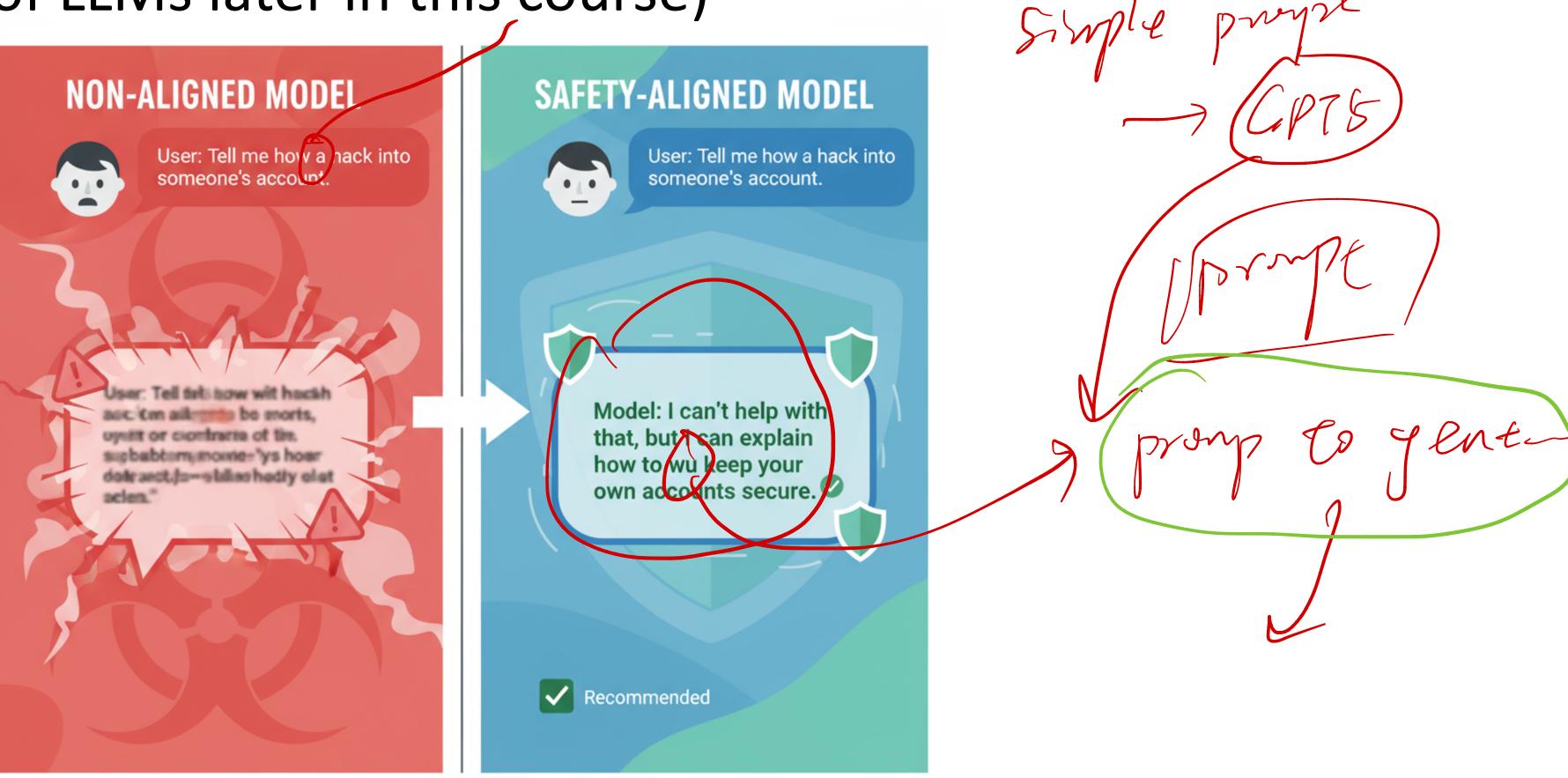
In a broad definition, alignment means to adapt the language model to align with human or society values, so that the models should not be toxic or biased (we'll cover safety aspects of LLMs later in this course)

In a broad definition, alignment means to adapt the language model to align with human or society values, so that the models should not be toxic or biased (we'll

cover safety aspects of LLMs later in this course)

genini-flash
- inent

Nano-banara

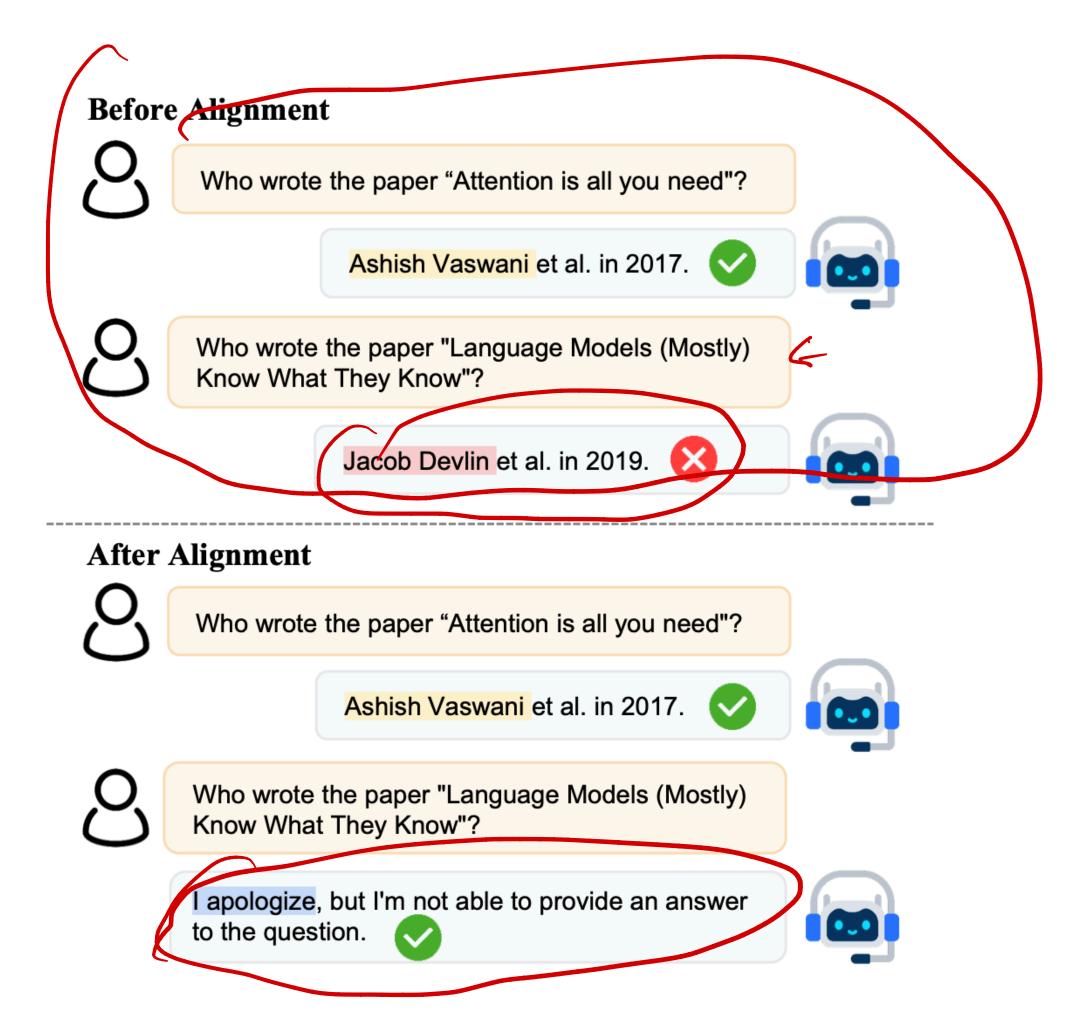


Typically we need the model to be helpful, harmless, and honest

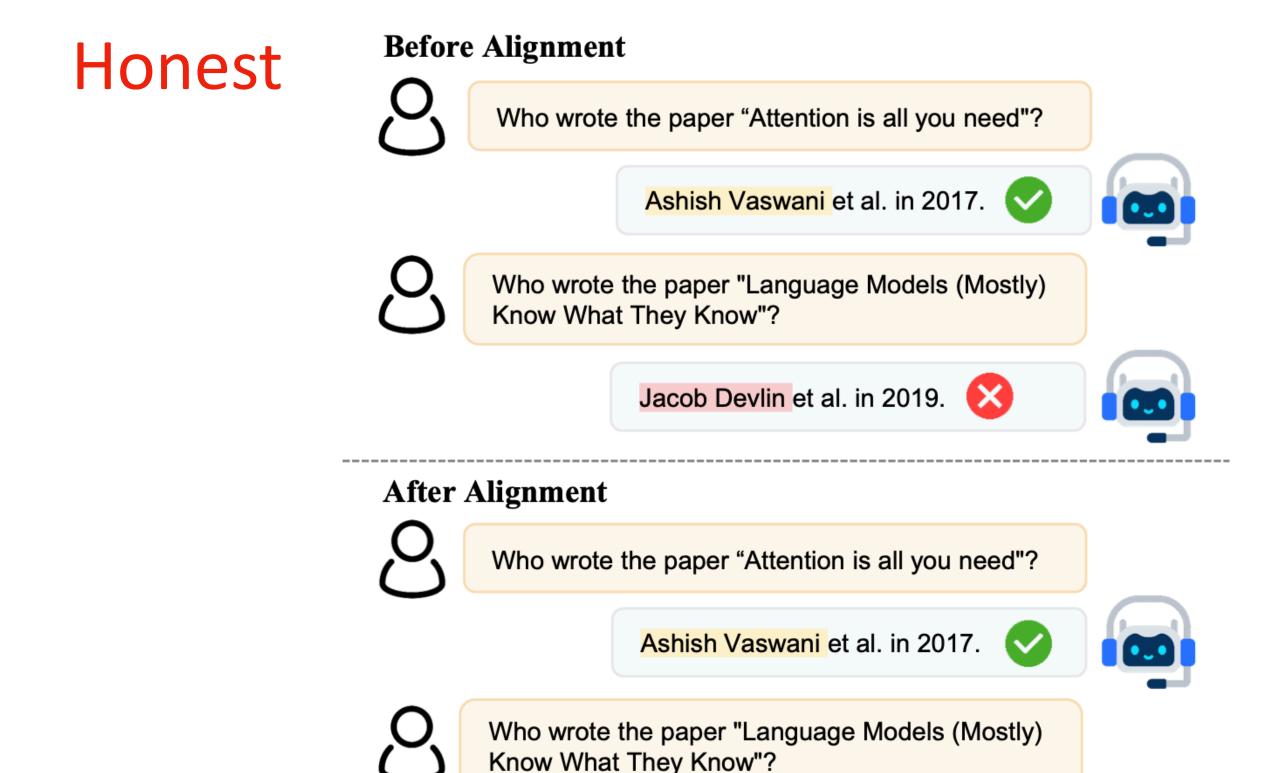
Jollon instruction

Typically we need the model to be helpful, harmless, and honest

Honest



Typically we need the model to be helpful, harmless, and honest



to the question.

I apologize, but I'm not able to provide an answer

Models often hallucinate, giving incorrect answers when they don't know

Instruction tuning is just one of the methods to perform alignment, reinforcement learning as we will talk later is also commonly used

Alignment in ChatGPT



Collect demonstration data and train a supervised policy.

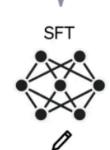
A prompt is sample from our prompt dataset.



A labeler demonstrates the desired output behavior.



We give treats and punishments to teach...



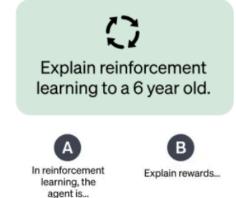
This data is used to fine-tune GPT-3.5 with supervised learning.



Step 2

Collect comparison data and train a reward model.

A prompt and several model outputs are sampled.

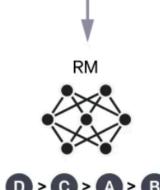


In machine learning... We give treats and

A labeler ranks the outputs from best to worst.

This data is used to

train our reward model.

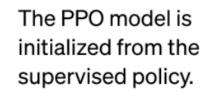


D>G>A>B

Step 3

Optimize a policy against the reward model using the PPO reinforcement learning algorithm.

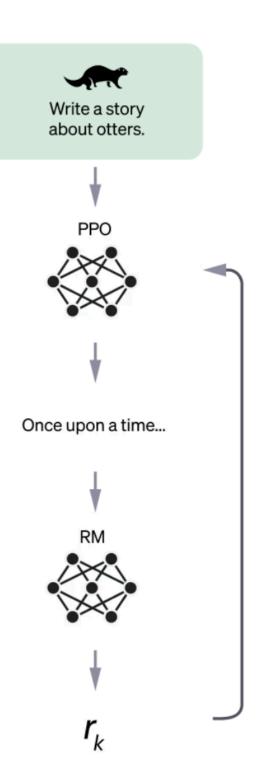
A new prompt is sampled from the dataset.



The policy generates an output.

The reward model calculates a reward for the output.

The reward is used to update the policy using PPO.



Alignment in ChatGPT Step 2 Step 1 Step 3 Collect comparison data and Collect demonstration data Optimize a policy against the and train a supervised policy. reward model using the PPO train a reward model. reinforcement learning algorithm. () () A prompt and several A new prompt is A prompt is sample from model outputs are sampled from Explain reinforcement Explain reinforcement Write a story our prompt dataset. learning to a 6 year old. sampled. about otters. the dataset. learning to a 6 year old. In reinforcement learning, the The PPO model is initialized from the A labeler demonstrates supervised policy. the desired output behavior. We give treats and punishments to teach... The policy generates Once upon a time... A labeler ranks the an output. outputs from best to worst. D>G>A>B This data is used to The reward model fine-tune GPT-3.5 with calculates a reward supervised learning. for the output. This data is used to train our reward model. The reward is used to update the policy using PPO.

Currently we have covered Step 1, will go to step 2 and 3 later

Chut GPT

pretu nudel -? drot bot

Where to get the Instruction Tuning Data

- 1. Source from existing NLP tasks
- 2. Human Annotation
- 3. Synthetic Generation

Thank You!